

## Essential items to help you be at ease in the surgery room

	Dentures
	Glasses
	Health insurance card
	Hearing aid and headphones
	Medicine list and list of allergies
	Travel sized personal care items like a toothbrush, deodorant, hair brush and other toiletry items
	Photo ID
	Your cell phone and charger
	Pajamas and a robe, if you prefer
	Eye mask for sleeping
	Non slip socks or slippers
	Clothing for the trip home