

(un)cancer

Bone Health
Discussion
Checklist

Bone health related questions to ask your doctor

- When should I have a bone mineral density test (DXA)?
- Will any of my cancer treatments or medications weaken my bones?
- Should I have a blood test done to measure calcium and vitamin D?
- What are my bone density test results and what do they mean for me?
- What is my risk of having a fracture?
- Is there anything I can do to strengthen my bones?
- Are there exercises that I should avoid?
- Are there bone-strengthening medicines that may help protect me from breaking a bone?
- Are there tests or exams I should have before starting a bone-strengthening medicine?
- If I consider a medicine for my bones, what are the benefits and risks?
- What is my risk of a serious bone complication or skeletal-related event (SRE) from metastases?
- What are "bone mets"?
- Are there ways to manage the risk of SREs?
- What treatments are available for SREs?