## (un)cancer Chemo Brain Evaluation Checklist

## Questions related to chemo brain to ask your cancer care team

- What could be causing my cognitive problems?
- How long do these types of symptoms usually last?
- What kinds of tests can help find the cause of my symptoms?
- Are there medications that can help treat chemo brain?
- What are some ways I can manage chemo brain without medications?
- What strategies can I use to reduce or manage my cognitive problems?
- What should I do if chemo brain is causing problems at work or school?
- ] How can a palliative care specialist help improve my quality of life?
- Where can I find emotional support for myself and my family?
- ] If I have a question or problem, who should I call?