

(un)cancer

Neuropathy
Symptoms
Checklist

Common symptoms of neuropathy to look out for

- Tingling ('pins and needles') or numbness, especially in the hands and feet that may spread to the arms and legs
- Sharp, burning, throbbing, stabbing or electric-like pain in your hands and feet
- Feeling like you're wearing socks or gloves when you're not
- Pain during activities that shouldn't cause pain, such as pain in your feet when putting weight on them or when they're under a blanket
- Changes in sensation such as an inability to feel pain, pressure, temperature or touch. Painful sensitivity to touch
- Severe pain in your hands and feet, especially at night
- Falling, loss of coordination
- Muscle weakness, difficulty walking or moving your arms or legs
- Muscle twitching, cramps and/or spasms
- Inability to move a part of the body. Loss of muscle control, loss of muscle tone or dropping things out of your hand
- Dizziness when standing up, fainting or light headedness
- Sweating too much or not enough in relation to the temperature or degree of exertion.
- Problems with urination and/or digestion including bloating, nausea, vomiting, diarrhea or constipation
- Sexual function problems
- Unintentional weight loss