

(un)cancer
Women's
Sexual Health
Checklist

Questions related to sexual health to ask you cancer care team

- How might treatment affect my sex life? Will it affect my sexual desire, response, or function? What can be done about these effects?
- Is it safe to have sex now? If not, when will it be OK to have sex?
- Are there any types of sex I should avoid?
- Do I need birth control or other protection during treatment? How about afterwards? If yes, then for how long?
- Can the medications I use be passed to my partner through my body fluids?
- What safety measures do I need to take, and for how long?
- (If you are having surgery), how will this surgery affect my appearance?
- Does a body part or organ need to be removed? If so, will it be removed partially or completely? Can it be replaced, transplanted, or reconstructed?
- How will it impact my sexual health?
- How big will my scar be?
- How soon can I have sex after my surgery?
- Are there any types of sex or positions I should avoid when I start having sex again?
- Will I be able to have children after surgery?
- How will this treatment affect my appearance?
- Will I lose my hair? If so, when and how much?
- Will I gain or lose weight due to the treatment?
- Does my partner need to use birth control while I'm on treatment? What about afterwards? If yes, then for how long?